



ONLINE SAFETY FOR YOUR CHILD

Practical Tips for Parents from Allen O'Donoghue of CA Coaching

Useful Websites:

- www.Webwise.ie a great resource for parents wanting to keep up to date on online trends
- www.Internetsafety.ie Department of Justice & Equality
- www.Hotline.ie great source of filtering software to block unsuitable sites.

Tips for Kids

- People you are talking to online may not be who they say they are.
- Only put up information you'd be happy for your parents & relatives to see/read.
- Everyone should check out webwise.ie for tips on staying safe.
- Only accept people as friends online if you know them in person.
- Never agree to meet an online friend in person, without permission from your parents.
- Not everything you read online is actually correct.
- Respect others and yourself while online as you would in person.
- Show your parents how to use the internet!
- Don't give out personal information (phone number, address etc.).

Tips for Parents

- Discover the internet together.
- Make sure you have good lines of communication open with your children.
- Learn about what social media your children use and how they use it.
- Check internet history.
- Don't overreact if you find something that makes you uncomfortable, it's possible your child got there by accident.
- Encourage your child to let you know if they ever feel uncomfortable.
- Save any abusive/concerning messages sent to your children, no matter what device it is on.
- Report any obscene messages to your local gardai.
- Set guidelines for internet use whether at home or on mobile devices.
- Set up the computer in a busy space in the house (kitchen/sitting room).
- Get parental controls on your devices and your children's devices. Use filtering software and keep it up to date.
- Check www.webwise.ie regularly for updates on the latest trends in social media activity.